

ROLE OF AYURVEDIC MEDICINES AND THEIR USES

Ayurveda is an ancient science of healing which originated in India. This article is a collection of common medicines of ayurveda and their uses. However, use of these should be done in consultation with registered ayurvedic practionar. The data presented here is based upon ancient ayurvedic texts.

Ayurvedic medicine	Medicinal plants used in the formulation	Uses
Chayvanprash	<i>Embllica officinalis</i> [Awla, (Fruit)], <i>Adhatoda vasica</i> [Malabar nut,Vasaka(leaves)] <i>Aegle marmelosa</i> [Bel(Fruit)], <i>Aquillaria agallocha</i> [Eagle wood, Agaru(resin)], <i>Boerhaavia diffusa</i> [Punarnava(whole plant)], <i>Curcuma zeodaria</i> [Karchur(rhizome)], <i>Cyprus rotundus</i> [Nut grass(tubers)], <i>Desmodium gangeticum</i> [Salparni(leaves and roots)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Fritillaria roylei</i> [Kakoli(bulbs)], <i>Gmelina arborea</i> [Beachwood(heartwood)], <i>Habenaria intermedia</i> [Riddhi(tubers)], <i>Hedychium spicatum</i> [Spiked ginger lily(rhizome)], <i>Inula racemosa</i> [Puskarmool(roots and rhizome)], <i>Ipomoea digitata</i> [Alligator yam(tuberous root)], <i>Mesua ferrea</i> [Nagkesar(Flowers and seeds)], <i>Cinnamomum tamala</i> [Tejpat(leaves)], <i>Cinnamomum zeylanica</i> [Cinnamon(bark)], <i>Piper longum</i> [long pepper(Fruits)], <i>Bamboo manna</i> [Vanshlochan(nodal joints)], <i>Vitis vinifera</i> [Grapes(fruits)] <i>Vigna trilobata</i> [Banmoong(roots and whole plant)], <i>Uraria picta</i> [Prisniparni(roots)], <i>Tribulus terrestris</i> [Puncture vine(fruit)], <i>Leptadaemia reticulata</i> [Jivanti(leaves and roots)], <i>Lillium polyphyllum</i> [Kshirkakoli(bulbs)], <i>Litsea glutinosa</i> [Bollygum(bark)], <i>Tinospora cordifolia</i> [Giloy(stem)], <i>Maritima annua</i> [Kakanasika(whole plant)], <i>Microstylus muscifera</i> [Rishbhaka(bulb)], <i>Microstylus wallichii</i> [Jeevaka(tubers)], <i>Nelumbium speciosum</i> [Indian lotus(Flowers)], <i>Nymphaea</i>	Chronic cough heart and debility

	stellata[Kumud(seeds)], <i>Phyllanthus urinaria</i> [Chamber bitter(leaves)], <i>Oroxylum indicum</i> [Trumpet tree(root bark)], <i>Phaseolus trilobes</i> [Mudgaparni(Whole plant)], <i>Pistacia integerme</i> [Kakarasinghi(galls)], <i>Polygonatum cirrhifolium</i> [Mahamedha(root and rhizome)], <i>Premna corymbosa</i> [Agnimantha(Stembark)], <i>Pterocarpus santalinus</i> [Rakta chandan(bark and heartwood)], <i>Pueraria tuberosa</i> [Kudzu(tubers)], <i>Santalum album</i> [Chandan(heartwood)], <i>Sida cordifolia</i> [Bala(Whole plant)], <i>Solanum indicum</i> [Brihati(roots and berries)], <i>Solanum surratense</i> [Kantakari(Whole plant)], <i>Stereospermum suaveolens</i> [Patala(rootbark)], <i>Teramnus labialis</i> [Mashaparni(root, whole plant)], <i>Terminalia chebula</i> [Haritaki(Fruit)]	
Brahmarasayan	<i>Desmodium gangeticum</i> [Salparni(leaves and roots)], <i>Solanum indicum</i> [Brihati(roots and berries)], <i>Uraria picta</i> [Prisniparni(roots)], <i>Solanum xanthocarpum</i> [Kantakari(Whole plant)],, <i>Tribulus terrestris</i> [Puncture vine(fruit)],, <i>Aegle marmelosa</i> [Bel(Fruit)], <i>Premna integrifolia</i> [Agnimantha(Stembark)],, <i>Oroxylum indicum</i> [Trumpet tree(root bark)],, <i>Gmelina arborea</i> [Beachwood(heartwood)],, <i>Stereospermum suaveolens</i> [Patala(rootbark)],, <i>Boerhaavia diffusa</i> [Punarnava(whole plant)],, <i>Teramnus labialis</i> [Mashaparni(root, whole plant)],, <i>Phaseolus trilobes</i> [Mudgaparni(Whole plant)],, <i>Sida cordifolia</i> [Bala(Whole plant)],, <i>Ricinus communis</i> [Castor oil plant(root and leaves), <i>Malaxis acuminata</i> [Jivaka(bulb)],, <i>Microstylus muscifera</i> [Rishbhaka(bulb)],, <i>Litsea glutinosa</i> [Bollygum(bark)],, <i>Leptadaemia reticulata</i> [Jivanti(leaves and roots)], <i>Asparagus racemosus</i> [Shatavari(roots)], <i>Saccharum munja</i> [Munja(root)], <i>Saccharum officinarum</i> [Sugarcane(Stemjuice), <i>Saccharum spontaneum</i> [wild sugarcane(Stemjuice)], <i>Oryza sativa</i> [Rice(seeds)], <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Phyllanthus emblica</i> [Awla(fruits)], <i>Centella asiatica</i> [Gotukola(whole plant)], <i>Piper longum</i> [Pipali(Fruits)], <i>Convolvulus pluricaulis</i> [Shankhpushpi(whole plant)],,	Tonic for brain and body

	<i>Cyprus scariosus</i> [Sagarmotha(tubers)], <i>Cyprus rotundus</i> [Nut grass(tubers)], <i>Embelia ribes</i> [Vidanga(Berries and roots)],, <i>Santallum album</i> [Chandan(heartwood)], <i>Aquillaria agallocha</i> [Eagle wood, Agaru(resin)], <i>Glycyrrhiza glabra</i> [Licorice(root stock, stolons)], <i>Curcuma longa</i> [Turmeric, <i>Haldi</i> (rhizome)], <i>Acorus calamus</i> [Sweet flag(root)], <i>Mesua ferrea</i> [Nagkesar(Flowers and seeds), <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)] <i>Cinnamomum zeylanica</i> [Cinnamon(bark)],	
Avipatticar Churna	<i>Terminalia bellerica</i> [Baheda(Fruit)],, <i>Zingiber officinale</i> [Ginger(rhizome)],, <i>Piper niger</i> [Black pepper(fruits)], <i>Ficus religiosa</i> [Bodhi tree(bark)], <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)], <i>Cyprus rotundus</i> [Nut grass(tubers)], <i>Embelia ribes</i> [Vidanga(Berries and roots)], <i>Laurea nobelis</i> [Bay(Leaves)], <i>Syzygium aromaticum</i> [Lavang(Flower buds)], <i>Operculena turpethum</i> [India jalap(root)]	Acidity
Taruni kusumakar churna	<i>Cassia angustifolia</i> [Senna(leaves and pods)], <i>Rosa centifolia</i> [Cabbage rose(petals)], <i>Cuminum cyminum</i> [Cumin(seeds)], <i>Carum carvi</i> [Cumin(seeds)], <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Zingiber officinale</i> [Ginger(rhizome)],, <i>Piper niger</i> [Black pepper(fruits)], <i>Piper longum</i> [Pipali(Fruits)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)]	Constipation
Trifla churna	<i>Emblica officinalis</i> [Awla, (Fruit)] <i>Terminalia chebula</i> [Haritaki(Fruit)] <i>Terminalia bellerica</i> [Baheda(Fruit)]	Constipation , blood impurity and eye problems
Panchsakar churna	<i>Zingiber officinale</i> [Ginger(rhizome)],, <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Foeniculum vulgare</i> [Sweet fennel(seeds)], <i>Cassia angustifolia</i> [Senna(leaves and pods)]	Habitual constipation
Lawan Bhaskar churna	<i>Coriandrum sativum</i> [Dhaniya(seeds)], <i>Ficus religiosa</i> [Bodhi tree(bark)],, <i>Nigella sativa</i> [Kalonji(seeds)], <i>Piper niger</i> [Black pepper(fruits)], <i>Cuminum cyminum</i> [Cumin(seeds)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Punica granatum</i> [Pomegranate(seeds)], <i>Piper longum</i> [Pipali(Fruits)], <i>Laurus nobilis</i> [Bay(leaves)], <i>Mesua ferrea</i> [Nagkesar(Flowers and seeds)], <i>Abies webbiana</i> [Talispatra(leaves)], <i>Rumex acetosa</i> [Sorrel(seeds, leaves and roots)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Cinnamomum verum</i> [Dalchini(bark)]	Loss of appetite and gastric problems

	<i>nobilis</i> [Bay(leaves)], <i>Mesua ferrea</i> [Nagkesar(Flowers and seeds)], <i>Abies webbiana</i> [Talispatra(leaves)], <i>Rumex acetosa</i> [Sorrel(seeds, leaves and roots)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Cinnamomum verum</i> [Dalchini(bark)]	
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Seetopaladi churna	<i>Bamboo manna</i> [Vanshlochan(nodal joints)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Cinnamomum verum</i> [Dalchini(bark)] <i>Piper longum</i> [Pipali(Fruits)],	Cough and TB
Hingwashtak churna	<i>Ferula asafoetida</i> [Hing(resin from rhizome and root)], <i>Carum carvi</i> [Cumin(seeds)] <i>Cyminum cynamimum</i> [Cumin(seeds)], <i>Apium graveolens</i> [Ajmoda(seeds)], <i>Piper longum</i> [Pipali(Fruits)], <i>Piper niger</i> [Black pepper(fruits)], <i>Zingiber officinale</i> [Ginger(rhizome)]	Gastric remedies
Amla churna	<i>Phyllanthus emblica</i> [Awla(Fruits)]	Eye, abdominal diseases and pitta diseases
Ashwagandha churna	<i>Withania somnifera</i> [Ashwagandha(roots)]	Vitality and strength diseases
Arjun churna	<i>Terminalia arjuna</i> [Arjuna(bark)]	Heart diseases
Bel churna	<i>Aegle marmelosa</i> [Bel(Fruit)],	Diarrhea dysentery
Pushyanug Churna	<i>Cyclea peltata</i> [Rajpatta(root and leaves)], <i>Eugenia jambolina</i> [Jamun(seeds)] <i>Mangifera indica</i> [Aam(Fruit)], <i>Aerva lanata</i> [Sunnykhur(leaves)], <i>Berberis aristata</i> [Indian barberry(stem,root and fruits)], <i>Cissampelos pareira</i> [Laghu patha(Whole plant)], <i>Salmalia malabarica</i> [Salmali(roots)], <i>Mimosa pudica</i> [Lajvanti(Whole plant)], <i>Neelumbo nucifera</i> [Sacred lotus(seeds)], <i>Crocus sativus</i> [Saffron(stigma)], <i>Aconitum heterophyllum</i> [Ativish(root)], <i>Cyperus rotundus</i> [Nut grass(tubers)], <i>Aegle marmelosa</i> [Bel(Fruit)], <i>Symplocos racemosa</i> [Lodhra(Stembark, flower)], <i>Piper niger</i> [Black pepper(fruits)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Vitis vinifera</i> [Grapes(fruits)], <i>Pterocarpus santalinus</i> [Rakta chandan(bark and heartwood)], <i>Oroxylum indicum</i> [Trumpet tree(root bark)], <i>Holarrhena antidysenterica</i> [Kutaj(seeds, leaves)], <i>Hemidesmus indica</i> [Sarsapilla(roots)], <i>Woodfordia fruticosa</i> [Dhataki(Flowers and leaves)], <i>Glycyrrhiza glabra</i> [Licorice(root stock, stolons)], <i>Myrica nagi</i> [Kayphal(Fruit)], <i>Terminalia arjuna</i> [Arjuna(bark)]	Vaginal diseases, leucorrhoea and gynecological problems

Bilvadi churna	<i>Aegle marmelosa</i> [Bel(Fruit)], <i>Salmalia malabarica</i> [Salmali(roots)], <i>Zingiber officinale</i> [Ginger(rhizome)],, <i>Woodfordia fruticosa</i> [Dhataki(Flowers and leaves)], <i>Coriandrum sativum</i> [Dhaniya(seeds)], <i>Foeniculum vulgare</i> [Sweet fennel(seeds)], <i>Cannabis sativa</i> [Marijuana(leaves)]	Diarrhea, dysentery and bacillary dysentry
Mulethi churna	<i>Glycyrrhiza glabra</i> [Licorice(root stock, stolons)]	Laryngitis, vomiting and polydipsia
Jamungiri churna	<i>Syzygium jambolanum</i> [Jamun(seeds)]	Diabetes: used with Madhunehantak vati for excellent use.
Madhumehari churna/granules	<i>Gymnema sylvestris</i> [Gurmar(leaves)], <i>Syzygium cumini</i> , <i>Tinospora cordifolia</i> [Giloy(stem)], <i>Momordia charantia</i> [bitter melon(Fruit)], <i>Acacia Catechu</i> [Kattha(heartwood)], <i>Curcuma longa</i> [Turmeric, <i>Haldi</i> (rhizome)], [Turmeric, <i>Haldi</i> (rhizome)], <i>Emblica officinalis</i> [Awla, (Fruit)] <i>Azadirachta indica</i> [Neem(seed oil)], <i>Ficus glomerata</i> [Gular(Fruit)], <i>Picrorhiza kurroa</i> [Kutki(root and rhizome)], <i>Plumbago zeylanica</i> [Chitrak(roots and latex)], <i>Foenum graecum</i> [Methi(seeds)], <i>Aegle marmelosa</i> [Bel(Fruit)]	Anti diabetic used with jaumngiri churna
Brahmi churna	<i>Bacopa monnieri</i> [Brahmi(whole plant)]	Memory enhancer, epilepsy, insanity and hysteria
Shankhpuspi churna	<i>Convolvulus pluricaulis</i> [Shankhpuspi(whole plant)]	Intellect and memory enhancer
Baheda churna	<i>Terminalia bellierica</i> [Baheda(Fruit)]	Anti cough and asthma
Haritaki churna	<i>Terminalia chebula</i> [Haritaki(Fruit)]	Constipation and vata diseases

Arshogni vati	<i>Azadirachta indica</i> [Neem(seed oil)], <i>Melia azadirah</i> [Bead tree(seeds)], <i>Berberis aristata</i> [Indian barberry(stem,root and fruits)]	Piles
Arogyavardhani vati	<i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminalia bellierica</i> [Baheda(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)] <i>Commiphora mukul</i> [Guggul(stembark resin)], <i>Ricinus communis</i> [Castor oil plant(root and leaves), <i>Picrorhiza kurroa</i> [Kutki(root and rhizome), <i>Azadirachta indica</i> [Neem(seed oil)]	Liver problems and swellings

Khadiradi vati	<i>Acacia Catechu</i> [Kattha(heartwood)],, <i>Acacia leucophloea</i> [Babool(resin)], <i>Cinnamomum camphora</i> [Camphor(wood and leaves)], <i>Woodfordia fruticosa</i> [Dhataki(Flowers and leaves)], <i>Berberis aristata</i> [Indian barberry(stem, root and fruits)], <i>Nymphaea stellata</i> [Kumud(seeds)], <i>Glycyrrhiza glabra</i> [Licorice(root stock, stolons)], <i>Santalum album</i> [Chandan(heartwood)], <i>Nardostachys jatamansi</i> [Muskroot(tuber)], <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Mesua ferrea</i> [Nagkesar(Flowers and seeds), <i>Prunus puddum</i> [Himalyan cherry(Fruit)], <i>Laccifera lacca</i> [lakkha(Insect origin sap)], <i>Terminalia bellerica</i> [Baheda(Fruit)],, <i>Vetiveria zizanoides</i> [Khas khas(roots)], <i>Cyprus rotundus</i> [Nut grass(tubers)], <i>Cinnamomum zeylanica</i> [Cinnamon(bark)], <i>Symplocos racemosa</i> [Lodhra(Stembark, flower)] <i>Pavonia odorata</i> [Sugandhbala(root and leaves)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)],, <i>Nelumbium speciosum</i> [Indian lotus(Flowers)],, <i>Phyllanthus emblica</i> [Awla(fruits)], <i>Rubia cordifolia</i> [Manjishta(Root and whole plant), <i>Myrica nagi</i> [Kayphal(Fruit)],, <i>Curcuma longa</i> [Turmeric,Haldi(rhizome)], <i>Callicarpa macrophylla</i> [Priyangu(leaves fruit and roots), <i>Acorus calamus</i> [Sweet flag(root)], <i>Fagonia cretica</i> [Durlabha(Whole plant)], <i>Aquillaria agallocha</i> [Eagle wood, Agaru(resin)], <i>Caespaenia sappan</i> [Patanagh(wood,leaves pod and seeds)], <i>Piper cubeba</i> [Kankola(Fruit)], <i>Myristica fragrans</i> [Javitri(fruit)], <i>Syzygium aromaticum</i> [Lavang(Flower buds)], <i>Capparis zeylanica</i> [Indian caper(leaves and seeds)]	Cough and cold
Chandra prava vati	<i>Hedychium spicatum</i> [Spiked ginger lily(rhizome)], <i>Acorus calamus</i> [Sweet flag(root)], <i>Cyprus rotundus</i> [Nut	Urinary problems, diabetes,

	grass(tubers)] , <i>Tinospora cordifolia</i> [Giloy(stem), <i>Swertia chiraita</i> [Chirata(whole plant)], <i>Cedrus deodara</i> [Deodar(bark)], <i>Curcuma longa</i> [Turmeric,Haldi(rhizome)], , <i>Aconitum heterophyllum</i> [Ativish(root)], <i>Berberis aristata</i> [Indian barberry(stem,root and fruits)], <i>Plumbago zeylanica</i> [Chitrak(roots and latex)], <i>Coriandrum sativum</i> [Dhaniya(seeds)],, <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminalia bellerica</i> [Baheda(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)] , <i>Piper chaba</i> [Piperchilli(Fruit)], <i>Embelia ribes</i> [Vidanga(Berries and roots)], <i>Piper longum</i> [Pipali(Fruits)], <i>Scindapsus officinalis</i> [Gajapipali(Fruit)], <i>Zingiber officinale</i> [Ginger(rhizome)],, <i>Piper niger</i> [Black pepper(fruits)], <i>Tribulus terrestris</i> [Puncture vine(fruit)], <i>Hordeum vulgare</i> [Barley(seeds)], <i>Salsola stoksii</i> [Khar(whole plant)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Santalum album</i> [Chandan(heartwood)], <i>Operculena turpethum</i> [India jalap(root)], <i>Baliospermum montanum</i> [Hastdanti(root)], <i>Cinnamomum verum</i> [Dalchini(bark)], <i>Cinnamomum tamala</i> [Tejpat(leaves)], <i>Bambusa arundinaceae</i> Vamsa(Stems and leaves)], <i>Commiphora mukul</i> [Guggul(stembark resin)],	leucorrhoea and polyurea
Chitrakadi vati	<i>Plumbago zeylanica</i> [Chitrak(roots and latex)], <i>Piper longum</i> [Pipali(Fruits)], <i>Hordeum vulgare</i> [Barley(seeds)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Piper niger</i> [Black pepper(fruits)], <i>Ferula asafoetida</i> [Hing(resin from rhizome and root)],, <i>Trachyspermum roxburghiana</i> [Celery(seeds)], <i>Piper chaba</i> [Piperchilli(Fruit)], <i>Citrus lemon</i> [Nimbu(fruits)]	Indigestion and gastric
Mahashankh vati	<i>Ferula asafoetida</i> [Hing(resin from rhizome and root)], <i>Tamarindus indica</i> [Tamarind(Fruit)], <i>Zingiber officinale</i> [Ginger(rhizome)],, <i>Piper niger</i> [Black pepper(fruits)], <i>Piper longum</i> [Pipali(Fruits)], <i>Aconitum ferox</i> [Vatsanabha(root)], <i>Plumbago zeylanica</i> [Chitrak(roots and latex)] <i>Achyranthus aspera</i> [Amaranthus(seeds)]	Indigestion
Rajah pravartani vati	<i>Aloe vera</i> [Aloe(leaves)], <i>Ferula asafoetida</i> [Hing(resin from rhizome and root)]	Irregularity of menses

Lavangadi vati	<i>Syzygium aromaticum</i> , <i>Piper niger</i> [Black pepper(fruits)], <i>Terminalia bellierica</i> [Baheda(Fruit)], <i>Acacia Catechu</i> [Katha(heartwood)], <i>Acacia Arabica</i> [Babool(bark, root,gum)]	Cough and cold
Sarpagandha vati	<i>Rauvolfia serpentine</i> [Sarpagandha(roots)], <i>Trachyspermum ammi</i> [Ajwain(seeds)], <i>Nardostachys jatamansi</i> [Musk root(root)], <i>Cannabis sativa</i> [Marijuana(leaves)], <i>Piper longum</i> [Pipali(Fruits)]	Sleeplessness and blood pressure
Kanth sudharak vati	<i>Glycyrrhiza glabra</i> [Licorice(root stock, stolons)], <i>Cinnamom camphora</i> [Camphor(leaf,stem and bark)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Syzygium aromaticum</i> [Lavang(Flower buds)],, <i>Myristica fragrans</i> [Nutmeg(seeds)], <i>Carum copticum</i> [Ajwain(seeds)]	Throat infection, hoarseness of voice
Sanjeevani vati	<i>Embelia ribes</i> [Vidanga(Berries and roots)],, <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Piper longum</i> [Pipali(Fruits)], <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)], <i>Acorus calamus</i> [Sweet flag(root)], <i>Tinospora cordifolia</i> [Giloy(stem), <i>Semecarpus anacardium</i> [Bhilawa(Fruits and pericarp)], <i>Aconitum ferox</i> [Vatsanabha(root)]	Cholera
Madhumehentak vati/churna	<i>Salacia chinensis</i> [Saptachakra(rootbark and root)], <i>Pterocarpus marsupium</i> [Bijasar(heartwood)], <i>Aegle marmelosa</i> [Bel(Fruit)], <i>Gymnema sylvestris</i> [Gurmar(leaves)], <i>Berberis aristata</i> [Indian barberry(stem,root and fruits)], <i>Azadirachta indica</i> [Neem(seed oil)], <i>Trigonella foenum graceum</i> [Methi(seeds)], <i>Momordia charantia</i> [bitter melon(Fruit)],, <i>Ocimum sanctum</i> [Tulsi(whole plant)] <i>Eochnea rosea</i> [Rose(flower)], <i>Acacia Arabica</i> [Babool(bark, root,gum)]	Very useful in diabetes
Brahmi vati	<i>Centella asiatica</i> [Gotukola(whole plant)], <i>Convolvulus pluricaulis</i> [Shankhpushpi(whole plant)], <i>Piper niger</i> [Black pepper(fruits)], <i>Nardostachys jatamansi</i> [Muskroot(tuber)],	Memory enhancer, brain diseases and hysteria
Gangadhar choorna	<i>Cyperus rotundus</i> [Nut grass(tubers)] , <i>Aegle marmelosa</i> [Bel(Fruit)], <i>Woodfordia fruticosa</i> [Dhataki(Flowers and leaves)]	

	<i>Citrullina colocynthis</i> [Bitter apple(ripe fruit)] , <i>Symplocos racemosa</i> [Lodhra(Stembark, flower)], <i>Salmalia malabarica</i> [Salmali(roots)]	
Heeng vati	<i>Ferula asafoetida</i> [Hing(resin from rhizome and root)],	Slow digestion and abdominal pain
Anardana vati	<i>Punica granatum</i> [Pomegranate(seeds)]	digestive

Pachak haritake	<i>Terminalia chebula</i> [Haritaki(Fruit)]	Indigestion and gastric
Pachak munaka	<i>Punica granatum</i> [Pomegranate(seeds)], <i>Saccharum officinarum</i> [Sugarcane(Stemjuice),, <i>Piper longum</i> [Pipali(Fruits) <i>Coriandrum sativum</i> [Dhaniya(seeds)],,, <i>Vitis vinifera</i> [Grapes(fruits)], <i>Cyminum cumin</i> [Cumin(seeds)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Ficus religiosa</i> [Bodhi tree(bark)]	Tasty digestive
Laxmivilas ras	<i>Cinnamom camphora</i> [Camphor(leaf,stem and bark), <i>Myristica fragrans</i> [Javitri(fruit)], <i>Argyreia speciosa</i> [Vruddhadaru(leaf)], <i>Datura metel</i> [Datura(leaves)], <i>Cannabis sativa</i> [Marijuana(leaves)], <i>Puereria tuberosa</i> [Kudzu(rhizome)], <i>Asparagus racemosus</i> [Shatavari(roots)], <i>Grewia populifolia</i> [Falsa(fruits)], <i>Abutilon indicum</i> [Monkey bush(leaves and flowers)], <i>Tribulus terrestris</i> [Puncture vine(root)],, <i>Strychnos nux vomica</i> [Kuchila(seeds)], <i>Piper betle</i> [Pan(leaves)]	Influenza cough and cold
Nagarjunabhara ras	<i>Terminalia arjuna</i> [Arjuna(bark)]	Heart tonic
Sutshekhar ras	<i>Aconitum ferox</i> [Vatsanabha(root)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Piper niger</i> [Black pepper(fruits)], <i>Piper longum</i> [Pipali(Fruits)], <i>Datura metel</i> [Datura(leaves)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Cinnamomum zeylanica</i> [Cinnamon(bark)], <i>Cinnamomum tamala</i> [Tejpat(leaves)], <i>Mesua ferrea</i> [Nagkesar(Flowers and seeds), <i>Aegle marmelosa</i> [Bel(Fruit)],, <i>Curcuma zeodaria</i> [Karchur(rhizome)], <i>Eclipta alba</i> [Bhringraj(Whole plant)]	Acidity
Tribhuvankirti ras	<i>Aconitum ferox</i> [Vatsanabha(root)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Piper niger</i> [Black pepper(fruits)], <i>Piper longum</i> [Pipali(Fruits)], <i>Ocimum</i>	Fever influenza cough and cold

	<i>sanctum</i> [Tulsi(whole plant)], <i>Datura metel</i> [Datura(leaves)],	
Talisadi churna	<i>Abies webbiana</i> [Talispatra(leaves)], <i>Piper niger</i> [Black pepper(fruits)], <i>Piper longum</i> [Pipali(Fruits)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Bambusa bamboos</i> [Giant thorny bamboo(Leaves and shoots)], <i>Elettaria cardamomum</i> [Chotti illayachi(seeds)], <i>Cinnamomum zeylanica</i> [Cinnamon(bark)]	Fever cough and cold

Kishore guggulu	<i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminaliabellerica</i> [Baheda(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)] <i>Tinospora cordifolia</i> [Giloy(stem), <i>Commiphora mukul</i> [Guggul(stembark resin)], <i>Piper longum</i> [Pipali(Fruits)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Mentha piperata</i> [Peppermint(whole plant), <i>Baliospermum montanum</i> [Hastdanti(root)], <i>Operculena turpethum</i> [India jalap(root)],	Skin diseases, leprosy, warm infection and burning sensation
Tapyadi loh	<i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminaliabellerica</i> [Baheda(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)] , <i>Piper longum</i> [Pipali(Fruits)], <i>Piper chaba</i> [Piperchilli(Fruit)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Embelia ribes</i> [Vidanga(Berries and roots)], <i>Plumbago zeylanicum</i> [Chitrak(roots and latex)], <i>Cedrus deodara</i> [Deodar(bark)], <i>Berberis aristata</i> [Indian barberry(stem,root and fruits)], <i>Cinnamomum zeylanica</i> [Cinnamon(bark)]	Increase in red cells
Saptmrit loh	<i>Emblica officinalis</i> [Awla, (Fruit)] , <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminaliabellerica</i> [Baheda(Fruit)],, <i>Glycyrrhiza glabra</i> [Licorice(root stock, stolons)],	Eye problems
Punarnawadi mandoor	<i>Boerhaavia diffusa</i> [Punarnava(whole plant)], <i>Operculena turpethum</i> [India jalap(root)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Piper niger</i> [Black pepper(fruits)], <i>Piper longum</i> [Pipali(Fruits)], <i>Embelia ribes</i> [Vidanga(Berries and roots)], <i>Cedrus deodara</i> [Deodar(bark)], <i>Plumbago zeylanicum</i> [Chitrak(roots and latex)] <i>Saussurea lappa</i> [Kuth root(root)], <i>Curcuma longa</i> [Turmeric,Haldi(rhizome)], <i>Berberis aristata</i> [Indian barberry(stem,root and fruits)], <i>Terminaliabellerica</i> [Baheda(Fruit)],	Swelling jaundice and anaemia
	<i>Terminaliabellerica</i> [Baheda(Fruit)], <i>Emblica officinalis</i> [Awla, (Fruit)] , <i>Baliospermum montanum</i> [Hastdanti(root)], <i>Piper chaba</i> [Piperchilli(Fruit)], <i>Holarrhena antidysenterica</i> [Kutaj(seeds, leaves)], <i>Picrorhiza kurroa</i> [Kutki(root and rhizome), <i>Cyprus rotundus</i> [Nut grass(tubers)]	
Harida churna	<i>Curcuma longa</i> [Turmeric,Haldi(rhizome)]	Dermatitis Urticaria
Swarn basant mali	Along with bhasms medicinal plant used is <i>Piper niger</i> [Black pepper(fruits)]	TB cough chronic fever

Mahrasanadi Quath	<i>Pluchea lanceolata</i> [Rasna(Leaves)], <i>Alhagi pseudalhagi</i> [Camelthorn(Whole plant)], <i>Sida cordifolia</i> [Bala(Whole plant)], <i>Ricinus communis</i> [Castor oil plant(root and leaves), <i>Cedrus deodara</i> [Deodar(bark)], <i>Hedychium spicatum</i> [Spiked ginger lily(rhizome)], <i>Acorus calamus</i> [Sweet flag(root)], <i>Adhatoda vasica</i> [Malabar nut, Vasaka(leaves)], <i>Solanum indicum</i> [Brihati(roots and berries)], <i>Solanum xanthocarpum</i> [Kantakari(Whole plant)], <i>Coriandrum sativum</i> [Dhaniya(seeds)], <i>Zingiber officinale</i> [Ginger(rhizome)], <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Piper chaba</i> [Piperchilli(Fruit)], <i>Piper longum</i> [Pipali(Fruits)], <i>Barleria prionitis</i> [Vajradanti(whole plant)], <i>Boerhaavia diffusa</i> [Punarnava(whole plant)], <i>Tinospora cordifolia</i> [Giloy(stem), <i>Argyria speciosa</i> [Samudrasokha(leaf)],, <i>Anethum sowa</i> [Shatpushpa(seeds)], <i>Tribulus terrestris</i> [Puncture vine(root)], <i>Withania somnifera</i> [Ashwagandha(roots), <i>Aconitum heterophyllum</i> [Ativish(root)], <i>Cassia fistula</i> [Amaltas(whole plant)] , <i>Asparagus racemosus</i> [Shatavari(roots)],	Arthritis and vata diseases
Dasmul quath	<i>Aegle marmelosa</i> [Bel(root)], <i>Oroxylum indicum</i> [Trumpet tree(root bark)],, <i>Gmelina arborea</i> [Beachwood(heartwood)],, <i>Stereospermum suaveolens</i> [Patala(rootbark)],, <i>Premna integrifolia</i> [Agnimantha(Stembark)], <i>Desmodium gangeticum</i> [Salparni(roots)], <i>Uraria picta</i> [Prisniparni(roots)], <i>Solanum indicum</i> [Brihati(roots)],, <i>Solanum xanthocarpum</i> [Kantakari(Whole plant)], <i>Tribulus terrestris</i> [Puncture vine(root)],, <i>Piper longum</i> [Pipali(root)]	Obstetrics and Gynaecological diseases
Shankhpuspi syrup	<i>Convolvulus pluricaulis</i> [Shankhpuspi(whole plant)]and <i>Bacopa monnieri</i> [Brahmi(whole plant)]	Intellect memory enhancer and insomnia
Lal manjan	<i>Syzygium aromaticum</i> [Lavang(Flower buds)], <i>Mentha piperata</i> [Peppermint(whole plant), <i>Cinnamom camphora</i> [Camphor(leaf,stem and bark), <i>Piper longum</i> [Pipali(Fruits)] and <i>Zanthoxylum alatum</i> [Winged prickly ash(seeds)].	Tooth powder, sparkling teeth and pyorrhoea
Char tel	<i>Lactuca scariola</i> [Milk thistle(leaves)], <i>Cucurbita</i> [Cucurbits(fruits)] <i>lagenaria</i> , <i>Rosa centifolia</i> [Cabbage rose(petals)] and <i>Prunus amygdalus</i> [Sweet almond(seeds)]	Muscular pain and joint pain
Bhringraj tel	<i>Eclipta prostrata</i> [Bhringraj(Whole plant)]	Prevent hair loss baldness and greying

<i>Panchgun tel</i>	<i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminaliabellerica</i> [Baheda(Fruit)], <i>Vitex negundo</i> [Nirgundi(roots)], <i>Azadirachta indica</i> [Neem(seed oil)] and <i>Emblica officinalis</i> [Awla, (Fruit)]	Rheumatism burns and cuts
<i>Badam tel</i>	<i>Prunus amygdalus</i> [Sweet almond(seeds)]	Brain tonic
<i>Trifla vati</i>	<i>Emblica officinalis</i> [Awla, (Fruit)] <i>Terminalia chebula</i> [Haritaki(Fruit)], <i>Terminaliabellerica</i> [Baheda(Fruit)]	Constipation, blood impurity and eye problems
<i>Tulasi arka</i>	<i>Ocimum sanctum</i> [Tulsi(whole plant)]	Blood purification, cough cold leprosy
<i>Gomutra arka</i>	Distilled cow urine	Cough and cold, warm infection, protect liver, ear problem, boil removes urine blockage
<i>Amla ras</i>	<i>Emblica officinalis</i> [Awla, (Fruit)]	Strengthen teeth hair and nail, improves eye sight and useful for cataract
<i>Alovera juice</i>	<i>Aloe vera</i> [Aloe(leaves)]	Liver stomach and skin disorders